

DISCOVERING JOB JOY

Thank you for taking this journey to *Discovering Job Joy!*

Use this document, in coordination with the book, to create your own personal guide.

I'm at my best when:

I'm at my lowest when:

How You Think:

The Need to Win:

What Fuels You:

How You React:

Your Relationship with Time:

Next Steps:

- Where are you on your Job Joy Journey? Not Stretched or Happy Place or Stretched too Thin
- Where do you want to be?
- What steps will you take to get there?

